

# Interfaith Volunteer Caregivers

December 2008

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*Hello Friends!*

We hope you will enjoy reading the information about Interfaith Volunteer Caregivers (IVC) in this newsletter. We are excited to share with you what has been accomplished by IVC recently, what our challenges are, and what we see for this organization in the immediate future.

The greatest accomplishment is the work of the IVC volunteers. Over 160 volunteers have provided friendship and service to over 350 vulnerable older adults and adults living with disabilities. Below you will see the service statistics for the first 6 months of 2008.

Secondly, IVC has successfully stabilized its budget, and expects a positive cash flow for 2008, which will help us in 2009. IVC could not have accomplished this without the help of all of you who have donated to its work; plus funding and assistance from the United Way, the Central Oregon Council on Aging, a grant from the Collins Foundation, and our in-kind partners.

Lastly, the IVC Board members have managed the IVC organization without an Executive Director for almost two years. Each Board member and the staff Coordinators have been, and are continuing, to learn from each other, and draw on each other's expertise, in order to complete the tasks that have been allocated to each person's sphere. We do not anticipate looking for another Director, although we need new board members to help us build on what has been accomplished and plan for the future.

These are hard times for nonprofits. Even though IVC will have a positive balance sheet for 2008, we could easily have a deficit for 2009 because of the economy. And yet the need for non-profits such as ours grows greater. You may have read the article in the Bend Bulletin about the elderly and the housing crisis. It was of interest to IVC because we serve the same population as mentioned in the article. The article points out that many older adults had been planning to finance a move into a facility that would have provided them with services by selling their homes. But they cannot sell their homes now, and these individuals still need the services.

So these are our challenges: To meet the increasing need IVC needs more volunteers. IVC needs more board members who would be willing to work at recruiting volunteers, spreading the word about IVC services and volunteer opportunities, and help with IVC events to raise awareness and funds. IVC also needs volunteers, care receivers, and donors to be our eyes and ears in the community – helping the Board plan for the future.

Won't you help in any way you can? Please contact any one of us...

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*Number of times a volunteer provided service per month for the first half of*

Jan. Feb. March April May June 2008

Transportation (round trips)	96	72	84	91	83	87
Friendly Visits	42	30	51	67	37	32
Respite Care	13	12	14	16	18	18
Housekeeping	8	5	8	10	6	7
Correspondence	5	3	5	6	5	2
Interior Work/ Repairs/Grab Bars	1	1	1	1	0	4
Yard Work/Exterior Work	0	0	7	3	4	1
Firewood/Snow Removal	7	3	4	1	0	0
Ramp Installation	2	0	2	2	1	1
Packing/Moving	6	3	0	0	2	3
Other	0	0	0	0	0	0
<b>TOTAL</b>	<b>180</b>	<b>129</b>	<b>176</b>	<b>197</b>	<b>156</b>	<b>155</b>

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*Greetings from IVC Service Coordinators*

**Hello,**  
I'm really excited about having an IVC newsletter. This is our chance to stay in touch and to keep you informed. IVC is moving forward. Over the last few months we have had 14 people become IVC volunteers: 8 from Bend, 3 from Redmond, and 3 from Crooked River Ranch: Jessica, Nancy, Chris & Julie, Mark, Kathy, Rachel, Nancy, Debbie, Carol, Lee & Wayne, Cindy, Doris, Sally, and Michael. Welcome!

The senior population in Central Oregon continues to grow. Please ask your friends to volunteer and/or make a donation to IVC, so we can continue to help those in need.

I thank you for caring and giving with an open heart.

*Eve Nazarian, Volunteer Coordinator for North & Central Deschutes County*

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**Epicurus**, Greek philosopher 341-270 BC, had a helpful thought for today – "It is not so much our friends' help that helps us, as the confident knowledge that they *will* help us." And that is how many feel about the volunteers in Inter-faith Volunteer Caregivers – they are there if needed.

In South County IVC, we have 38 volunteers who live in Sunriver and south to LaPine. They are wonderful! The Care Recipients love them. We have three new volunteers in the last few months: Claire and Tom, and Michal.

*Marilyn Myers, Volunteer Service Coordinator for South Deschutes County*

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*Who supports IVC financially?*

**1. The Faith Community:**

Episcopal Church of the Transfiguration, Sisters

First Baptist Church, Bend

First Presbyterian Church, Bend

St. Francis of Assisi, Bend

Sunriver Christian Fellowship, Sunriver

Trinity Episcopal Foundation, Bend

Unitarian Universalists of Central Oregon, Bend

**2. Community Groups:** Sunriver Women's Club, Borg in Bend

**3. United Way**

**4. Central Oregon Council on Aging**

**5. Individual Donors, Volunteers and Clients**

**6. In-kind Services:** Marilyn Myers, IVC Volunteer Service Coordinator in Sunriver; Susan Duncan; Ron Hankinson; Nativity Lutheran Church; Bend Mailing; Deschutes

*Thank you all!*

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*Successful Fund Raising by IVC*

Sales of Sees Candy.

Smith Rock Race with direct donations from  
Toyota-Scion and Farmers Insurance for  
that event.

Collins Foundation

IVC wrote and submitted two other grants this  
year that were not funded.

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*Why does IVC – a volunteer based organization – need  
money?*

The two major expenses for IVC are  
insurance, and staffing. They equal 70% of  
our budget. Last year IVC terminated the  
Executive Director position. By doing that the  
Board has been able to maintain a balanced  
budget and consistent cash flow so that all  
bills have been paid on time for the last year.  
For the two years previous to that, IVC had  
not been able to do this.

The remainder of our operating expenses is  
for rent, telephone, supplies, postage and  
printing, and minimal conference registration  
costs for the IVC Coordinators. IVC also has  
a budgeted line item to reimburse the mileage  
volunteers drive for IVC care assignments but  
at only 31 cents a mile.

There are also expenses associated with  
being a non-profit. IVC pays to have its IRS  
Form 990 prepared each year, and there are  
other legal requirements that require fees.

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*Insurance and volunteer hours*

Insurance expenses include the excess auto  
liability that IVC carries for each volunteer. It  
is a requirement by the insurance company  
that IVC track the hours a volunteer spends in  
providing services to IVC Care Recipients.  
Here is what the insurance policy says: "It is  
a *requirement* of the volunteer insurance  
policy that a roster of volunteers, and *their  
dates and hours worked*, be maintained."

Not only do we use this information for  
insurance, but also for the report Eve gives to  
the Council on Aging, for the United Way

proposal, and for grants we write for special  
projects.

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*IVC needs new office space*

Rent has been a minimal part of IVC's budget  
since the beginning because of the  
generosity of the Council on Aging (providing  
Eve her office in Redmond – Marilyn works  
out of her home) and the Deschutes County  
Juvenile Justice Division. The IVC business  
office has been in the Juvenile Justice  
Building on Britta Street for many years, and  
we have only had to pay \$28.88 a month.  
But now the JJD needs space for its  
expanding counseling program.

If anyone has ideas of where IVC can have  
an 8 X 8 office in the Bend area, wired for  
telephone and computer, please let one of  
the Coordinators, or a board member, know.

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*IVC Board is seeking new board members*

Fresh ideas, more workers, expertise, and  
diversity – these are the reasons for seeking  
additional people for a board of directors. At  
a recent board retreat IVC board and staff  
identified where IVC is in the life cycle of  
organizations (did you know organizations  
had a life cycle?) Everyone at the retreat felt  
that IVC was **re-generating** at 11 years of  
age. And we need the help of new board  
members to continue this growth.

All of our current board members come from  
Bend and are of the Protestant faith tradition.  
We would like to increase our diversity to  
better meet the needs of our diverse  
community, and to have a broader foundation  
for recruiting volunteers. In addition, we are  
looking for expertise these areas: non-profit  
finances, risk management, computer  
(Access database), and public relations. So  
take a moment to think about your abilities,  
and also of others who might fit the bill.

Basic requirements: a desire to see IVC  
increase its visibility in the community, and a  
desire to increase and support IVC  
volunteers. Also...

1. A willingness to share the work on the  
primary responsibilities of setting policy, fund  
raising, and strategic planning;
2. A willingness to share attending IVC  
related events (United Way, Office on Aging,

health fairs and other events for volunteer recruitment, and so on);

3. Ability to attend one board meeting a month from 11:00 a.m. to 1:00 p.m. on the second Wednesday (if the day is not good for you, but you are interested, please contact us anyway);

4. Ability to attend one additional meeting a month. With no Executive Director, administrative duties are conducted at this second meeting; as we re-generate, the second meeting a month might be for another type of committee.

Thank you for your interest and help!

*For some fun -- Julie Andrews, 69, singing at an AARP event:*

Botox and nose drops and needles for knitting,  
Walkers and handrails and new dental fittings,  
Bundles of magazines tied up in string,  
These are a few of my favorite things...

Cadillacs and cataracts, hearing aids and glasses,  
Polident and Fixodent and false teeth in glasses,  
Pacemakers, golf carts and porches with swings,  
These are a few of my favorite things...

When the pipes leak, When the bones creak,  
When the knees go bad,  
I simply remember my favorite things,  
And then I don't feel so bad!

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